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Krav Maga is a self-defense system developed by the Israeli army. In Hebrew, the Krav Maga literally means "contact combat." Developed by Hungarian boxer and wrestler

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Krav Maga / k r v m / is a self-defense system developed for the military in Israel that consists of a wide combination of techniques sourced from

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#### Krav maga

History of Krav Maga. Krav Maga was developed by Imi Lichtenfeld in late 1930 s for the Jewish community that was being attacked by Nazi supporters in Europe.

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# Krav maga - the martial arts encyclopedia

Overview. Krav Maga is a Hebrew term that can be translated as "Contact Combat." It was originally known by a Hebrew acronym Kuf-Peh-Alef-Pe, which was Anglicized to

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